

**Statistics Report 17416, Lamb, New Zealand, imported, square-cut shoulder chops, separable lean and fat, raw**

Report Date: October 09, 2015 16:55 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
<b>Proximates</b>													
Water	g	61.18	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Energy	kcal	275	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
Energy	kJ	1149	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
Protein	g	17.02	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Total lipid (fat)	g	22.84	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Ash	g	0.83	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Carbohydrate, by difference	g	0.23	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
Fiber, total dietary	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
Sugars, total	g	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
<b>Minerals</b>													
Calcium, Ca	mg	22	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Iron, Fe	mg	1.06	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Magnesium, Mg	mg	18	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Phosphorus, P	mg	160	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Potassium, K	mg	274	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Sodium, Na	mg	71	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Zinc, Zn	mg	2.73	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Copper, Cu	mg	0.074	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Manganese, Mn	mg	0.007	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Selenium, Se	µg	6.2	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
<b>Vitamins</b>													
Vitamin C, total ascorbic acid	mg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Thiamin	mg	0.073	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Riboflavin	mg	0.148	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Niacin	mg	3.250	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Pantothenic acid	mg	0.255	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Vitamin B-6	mg	0.059	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Vitamin B-12	µg	2.06	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Vitamin A, RAE	µg	15	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Retinol	µg	15	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Carotene, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin A, IU	IU	50	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
Lutein + zeaxanthin	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
Vitamin E (alpha-tocopherol)	mg	0.52	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Vitamin D (D2 + D3)	µg	0.1	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Vitamin D3 (cholecalciferol)	µg	0.1	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Vitamin D	IU	6	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
<b>Lipids</b>													
Fatty acids, total saturated	g	9.099	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
4:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
6:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
8:0	g	0.001	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
10:0	g	0.027	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
12:0	g	0.028	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
14:0	g	0.446	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
16:0	g	3.460	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
17:0	g	0.390	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
18:0	g	4.679	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
20:0	g	0.021	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
22:0	g	0.047	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
24:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Fatty acids, total monounsaturated	g	6.270	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
14:1	g	0.010	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
15:1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
16:1 undifferentiated	g	0.184	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
16:1 c	g	0.158	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
16:1 t	g	0.026	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
17:1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
18:1 undifferentiated	g	6.070	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
18:1 c	g	4.970	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
18:1 t	g	1.100	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
20:1	g	0.006	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
22:1 c	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
24:1 c	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Fatty acids, total polyunsaturated	g	0.849	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
18:2 undifferentiated	g	0.569	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
18:2 n-6 c,c	g	0.218	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
18:2 CLAs	g	0.338	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
18:2 t,t	g	0.013	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
18:3 undifferentiated	g	0.217	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
18:3 n-3 c,c,c (ALA)	g	0.217	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
18:3 n-6 c,c,c	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
20:2 n-6 c,c	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
20:3 undifferentiated	g	0.001	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
20:3 n-6	g	0.001	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
20:4 undifferentiated	g	0.018	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
20:4 n-6	g	0.018	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
20:5 n-3 (EPA)	g	0.014	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
22:5 n-3 (DPA)	g	0.028	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
22:6 n-3 (DHA)	g	0.001	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Fatty acids, total trans	g	1.139	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
Fatty acids, total trans-monoenoic	g	1.126	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
Cholesterol	mg	63	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014

**Amino Acids**

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Tryptophan	g	0.188	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Threonine	g	0.812	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Isoleucine	g	0.762	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Leucine	g	1.314	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Lysine	g	1.486	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Methionine	g	0.555	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Cystine	g	0.223	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Phenylalanine	g	0.670	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Tyrosine	g	0.590	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Valine	g	0.867	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Arginine	g	1.145	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Histidine	g	0.360	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Alanine	g	0.846	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Glutamic acid	g	2.377	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Glycine	g	0.728	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Proline	g	0.546	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Serine	g	0.580	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
<b>Other</b>													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
Caffeine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
Theobromine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014